

**WORDS OF GRACE SEASONED  
WITH SALT**  
*Bible Studies And Opinions Of Current And Future Events*

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**The Blessed Gifts Of The  
Blessed God**

Ephesians 1:3: ***Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ.***

Notice that the word blessed appears twice in this verse.

***(1) "Blessed be the God and Father of our Lord Jesus Christ"***

The word for blessed here is EULOGETOS which is an adjective. An adjective is a word used with a noun to express or describe a quality or attribute of a person or a thing. We say, *Solomon was a wise ruler*. The word wise is the adjective that expresses or describes this particular quality or attribute of Solomon. When Paul says, *Blessed be the God and Father of our Lord Jesus Christ*, he is describing one of the qualities and attributes of God the Father. He is eulogizing him. God the Father is blessed, just like he is holy, eternal, righteous, long-suffering, and just.

***(2) "Who hath blessed us"***

The word for blessed here is EULOGEO which is a verb. A verb expresses action, motion, or a request or command to do something or to forebear doing something. If a man inherits a million dollars we say that man is blessed. It's not that we are praising or glorifying the man, for he could be a reprobate. We are describing the action or event that took place in his life.

We are not blessed as God the Father for we are sinners and Paul would never eulogize sinners. We are blessed by God the Father, that is, he has bestowed upon us all spiritual blessings in heavenly places. The first *blessed* in the verse is an adjective and the second is a verb and there is a marked difference between the two.

***The verb blessed has many meanings and applications in the scriptures and they are all true of us.***

Most Christians have no idea of what it means to be blessed by God and most are not aware of how much they are blessed by God.

One of the definitions of the verb blessed is: ***To pronounce a wish of happiness to someone, to express a wish or desire of happiness.***

For example see Genesis 28:1-4 which says: ***And Isaac called Jacob, and blessed him, and charged him, and said unto him, Thou shalt not take a wife of the daughters of Canaan. Arise, go to Padanaram, to the house of Bethuel thy mother's father; and take thee a wife from thence of the daughters of Laban thy mother's brother. And God Almighty bless thee, and make thee fruitful, and multiply thee, that thou mayest be a multitude of people; And give thee the blessing of Abraham, to thee, and to thy seed with thee; that thou mayest inherit the land wherein thou art a stranger, which God gave unto Abraham.***

As Isaac blessed Jacob, God the Father has blessed us. As Isaac's desire was for Jacob to receive the best God had to offer him, it's God's desire that we receive the best he has to offer us. Isaac didn't want Jacob to miss anything God had to offer him. God does not want you to miss out on anything he has to offer you.

God has blessed you, it is his will and desire for you to be happy and blessed in all that he has to offer you. If you sought after and received everything God had to offer you, it would make you happy. I didn't say you would be rich. I didn't say you would drive a new car or own a new house and make a lot of money. I said you would be happy. You would be happy no matter what house you lived in or the car you drove. True lasting happiness and joy is in the things God has to offer you as a Christian. It's God's will for you to find your happiness in those things.

The blessings he had blessed us with should make us happy because they are all spiritual. Spiritual blessings are better than physical because they are eternal, secure, and priceless.

Spiritual blessings are of God and not of men.

Spiritual blessings are perfect.

Spiritual blessings come from God.

Spiritual blessings are gifts of God.

They are from heaven, they are heavenly and glorious.

Ephesians 1:3 bears out the fact that these blessings are spiritual because God the Father is the source of them. God the Son is the channel through which we receive them, and they are heavenly in sphere. And many of

them are found in Ephesians. Once you see and comprehend these blessings you will also be convinced that:

\*That God loves his children very much.

\*He supplies their each and every need.

\*In him we find our true happiness.

\*That he works all things together for our good.

\*That he is concerned about every facet of our lives.

If we would spend time studying and comprehending the following blessings they will change our minds, hearts, feelings, emotions, and life for the better.

### **Do you feel cursed?**

You shouldn't because you are:

***Blessed: 1:3***

***Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ:***

You were once cursed, but not anymore. Compare Galatians 3:10 with verse 13.

***Gal 3:10: Cursed is every one that continueth not in all things which are written in the book of the law to do them.***

***Gal 3:13: Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree:***

The law of God is the standard by which God judges all men and the law of God curses all those who break its commandments. We broke them all; therefore we are all cursed by the law. But on the cross Christ allowed the law to curse him for the laws we broke. He allowed the law to curse him so he could bless you.

### **Do you feel unwanted?**

You shouldn't because you are:

***Chosen - 1:4***

***According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love:***

If God chose you that makes you one of the elect. How do you elect someone? By voting for them. When God elected you he voted for you. He wrote your name down in the book of life. So don't feel unwanted. God must have wanted you if he elected you.

## **Are you full of worry and fear about the future and the present?**

You shouldn't because you are:

***Predestinated - 1:5***

***Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will,***

Pre= Before Destinated= To fix your destiny.

God fixed your destiny before the foundation of the world. He not only fixed your eternal destiny, but your present destiny also. If you are saved God has taken charge of your present life as well as your future life. Predestination involves more than just the future; it applies to the present also. God has a hand in the personal affairs of his people. He puts them in certain places, he puts them in contact with certain people, he gives them certain jobs and work to do, he moves them from one place to another, he stops them, he opens doors for them and he closes doors also. He causes miracles to happen in their life. He influences other people to bless them. He makes all things work together for their good.

If God has predestined you, it means he is in charge of your life. Therefore, you have no reason to worry or fear. Yield to the will of God whatever it is in your life. If you are in the will of God you are where you are because God put you there.

## **Do you feel like a homeless orphan?**

You shouldn't because you are:

***Adopted - 1:5***

***Predestinated us unto the adoption of children***

God has only one begotten Son, all the rest are adopted. God thought enough about you to adopt you into his family. God has a large family. Some are in heaven and some on the earth. And he is not ashamed to call them his children or ashamed to be called their father.

## **Do you feel rejected?**

You shouldn't because you are:

***Accepted - 1:6***

***To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.***

If he has accepted you in the beloved, this means God the creator of heaven and earth has put his stamp of approval on you and is well pleased

with you. To hear some Christians talk you wouldn't know this is true because many of them think it's up to them to make themselves acceptable unto God. But if you are saved he has already accepted you by placing you in Christ his beloved Son. It's in Christ we are acceptable unto God and meet with God's approval. God is as well pleased with you, as he is with his own Son. Your standing with God is now the same as his Son. So don't feel dejected and rejected any more. You have a first class standing with God. However his Son stands is the way we stand.

### **Do you feel guilty and condemned?**

You shouldn't because you are:

***Redeemed and forgiven - 1:7***

***In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;***

When God forgave your sins he forgave all of them and does not charge them against you again. Romans 4:7-8 says: ***Blessed are they whose iniquities are forgiven, and whose sins are covered. Blessed is the man to whom the Lord will not impute sin.***

Hebrews 8:12 says: ***For I will be merciful to their unrighteousness, and their sins and their iniquities will I remember no more.***

When God forgave your sins he wiped the slate clean. So don't walk around with a burden of guilt on your shoulders. You are forgiven and free from eternal condemnation of sin.

### **Do you feel insecure?**

You shouldn't because you are:

***Sealed and secured - 1:13***

***In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise,***

***Ephesians 4:30: And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption.***

God gave you his Holy Spirit as a guarantee that he will personally keep and preserve you unto the day of redemption which is the second coming of Christ. He not only put the guarantee in writing, but he put the Holy Spirit in you as a reminder of the guarantee. The Holy Spirit is a constant

reminder and guarantee of God's keeping and preserving power. So don't walk around feeling insecure, you are in good hands and God will get keep you unto the end.

### **Do you feel dead and lifeless?**

You shouldn't because you are:

***Quickened - 2:1***

***And you hath he quickened, who were dead in trespasses and sins;***

Being quickened is the same as being born again. Your dead spirit was quickened by God's Spirit. God wanted you to enjoy the blessings of his kingdom so he quickened you so you could get into it, for unless a man is born again or quickened he cannot enter into the kingdom of God. So act like you are alive because you are.

### **Do you feel hated and despised?**

You shouldn't because you are:

***Loved - 2:4***

***But God, who is rich in mercy, for his great love wherewith he loved us, Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;)***

If God loved you when you were dead in sins, do you think he loves you less now that you are quickened? Isn't it strange that we believe God loved us in the past, but we doubt his love in the present? God has not changed his mind about you or fallen out of love with you. He loves you as much today as he did when Christ died for your sins. The love he had on the cross for you, he still has today.

**The book of Ephesians is God's love letter to his wife the church.**

In 1:4 His love for us is eternal

In 2:4 His love is uninfluenced

In 3:19 His love is incomprehensible

In 4:32 His love is tender

In 5:25 His love is sacrificial

### **Do you feel tired and run down?**

You shouldn't because you are:

***Seated - 2:6***

***And hath raised us up together, and made us sit together in heavenly places in Christ Jesus:***

God thought enough about you to give you a seat to rest at his own right hand in heaven. When it comes to salvation you can rest. We don't have to spend our lives standing and working and fretting to keep and maintain our salvation. When it comes to salvation we can sit and rest at the right hand of God. At God's right hand is the man who did all the work necessary to save us and keep us saved. Because of his work we can sit and rest in him.

### **Do you feel like you have no gifts?**

You shouldn't because God gave you the greatest gift you can possibly have in this world.

***The gift of salvation – 2:8-9***

***For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast.***

Is there any gift greater than eternal life and salvation? Don't say you are not gifted, for you have the very best gift anyone can have.

### **Do you feel worthless, can't do anything?**

You shouldn't because you are his:

***Workmanship - 2:10***

***For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.***

God thought enough about you to give you a job working for him. If you are saved you are never unemployed. God gave you a job working for him and only hires qualified personal. Therefore, there is something you have the ability to do. You may not be aware of it, but you have it. And the job he gave you is in the local church for that is the place of employment for the saints of God according to Ephesians 4:11-12.

### **Do you feel alienated, ostracized?**

You shouldn't because you are:

***Reconciled - 2:16***

***And that he might reconcile both unto God in one body by the cross, having slain the enmity thereby:***

God is not your enemy any more. He is not mad with you and he does not hold anything against you. God is your friend and he your best friend and

he has your best interests at heart. You are on good terms with God. So don't feel alienated.

### **Do you feel like a stranger and foreigner?**

You shouldn't because you are a:

***Fellowcitizen - 2:19***

***Now therefore ye are no more strangers and foreigners, but fellowcitizens with the saints, and of the household of God;***

God made you a first class citizen with all his saints in his house. God has a big house and it extends to heaven and earth according to 3:15.

It includes the saints and apostles in the New Testament and the saints and prophets in the Old Testament. There are no barriers or walls between the saints of God. Men may erect barriers, but God does not. God has made us fellow citizens with all his saints in the household of God.

### **Do you feel alone?**

You shouldn't because you are:

***Habitation of God -2:21-22***

***In whom all the building fitly framed together groweth unto an holy temple in the Lord: In whom ye also are builded together for an habitation of God through the Spirit.***

A Christian should never feel alone for God lives in you. When God saved you he quickened you and he took up residence in you. He moved in to dwell

in your body forever. He made you his temple. We are the temple of God today. You are never alone.

### **Do you think you are poor?**

You shouldn't because you are:

***Rich – 3:8***

***Unto me, who am less than the least of all saints, is this grace given, that I should preach among the Gentiles the unsearchable riches of Christ;***

When you got saved you became rich. You now own and possess the unsearchable riches of Christ. You are richer than any billionaire alive today. Bill Gates riches are chicken feed compared to the riches you own. They are so many they are unsearchable. (See 3:6)

**Do you feel weak and helpless?**

You shouldn't because you have:

***Power - 3:20***

***Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,***

God has put his power in you and through that power God can do in and through you above all that you can ask or think.

After reading what God has done for you, are you convinced that God loves his children very much? That he supplies their each and every need? That he works all things together for their good? That he is concerned about every facet of their life?

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